



Lowanna Public School

Be safe, be respectful, be a learner

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54A Grafton Street, Lowanna NSW 2450
Principal: Alison Hawken

Week 6 Term 4 – Monday 14/11/2016

Dates to remember :

Week 6

Tuesday 15 November

Kindergarten Orientation half day

Wednesday 16 November

STEPS visit for preschool vision screening

Week 7

Intensive School Swimming Scheme all week
via bus, no cost to students

Week 8

Monday 28 November 11am-1pm End of
year **Presentation Day**

Tuesday 29 November **Kindergarten
Orientation full day**

**Wednesday 30 November: Yr 6/7 Transition
to Coff Harbour HS** Orara Valley students

**Thursday 1 December: Ocean Awareness
Education** at Coffs Harbour via bus, no cost

Week 9

Tuesday 6 December **Trans Yr6/7 to both
Coffs Harbour HS and Orara HS**

Wednesday 7 December **Lowanna Bike Day**

Friday 9 December **Yr 6 Big Day Out**

Thank you

Many thanks go to Mrs Cassidy for her fantastic leadership while relieving as Principal while I was on Long Service Leave. As usual, a day in the life of a Principal is never quiet, and Mrs Cassidy was definitely kept busy. Thanks also go to Miss Corfe and Mr James for admirably continuing the teaching and learning with my class.

Kindergarten Orientation

Last week Cameron and Thomas joined the K-2 classroom for a fun morning of learning activities in preparation for starting Kindergarten next year. We look forward to welcoming them into our school again on Tuesday.

Responsible Pet Education visit



On Tuesday Gina and Cruze visited our school to teach the children about safety around dogs.



This week's newsletter includes some information booklets kindly left by Gina which families may find useful.

STePS

A reminder that the STePS vision team will be visiting the school on Wednesday 16th November and permission notes need to be returned before this day. If your child didn't bring a note home (and they do not already wear glasses) but you would like to discuss the possibility of having their vision screened please contact their class teacher.

Rural Fire Service Visit



Thank you Lowanna RFS



On Thursday the Rural Fire Safety team visited our school. This visit included information sessions run in classrooms by the RFS Education Unit as well as the Lowanna Fire Brigade trucks – a big favourite of all the children!



Children were reminded of the importance of smoke alarms, safe and unsafe toys (eg. matches) and what to do in the event of a fire. The highlight of course was the chance to climb through the fire trucks, dress up in the fire gear and of course operate the fire hose!



Swimming

Water safety and swimming are essential survival skills we all need to learn. Permission notes are attached to this newsletter and need to be returned this week.

Don't forget to check your swimwear and rash vest now! We need to come to school dressed ready for the pool, wearing your school sun hat, with our school backpacks each day, packed with a big healthy recess, a big packed lunch, school water bottle, sunscreen, beach towel and a dry change of clothing.

Please make sure that everything you bring to swimming has your name clearly marked on each item.

Bike day

The Education Portfolio members are busy organising our Bike Day. Please note the day has now been changed to Wednesday 7th December, in Week 9.

Live Life Well @ School

Finding it difficult to fit in 60 minutes of physical activity a day with your children? Then consider the following three areas -

Transport

Try some active ways to get to places with your children, for example, walk to school, ride to the park together on weekends or scooter to the shops.

Play

Encourage your child to be active through play, for example, make an obstacle course in the back yard that includes running, jumping, skipping, throwing and hopping.

Sport

Find an organised sport that your child is interested in and encourage their involvement, for example, swimming, soccer, netball or dance.

Our first egg!



Our chooks are now safely installed in our chook house and must be settling in well as we have now collected our first egg! There was much excitement when it was spotted!



Classes are currently deciding on names for our chooks. Some interesting nominations are being received!



"The power of the people is stronger than the people in power." Bono

This quote definitely rings true for our Environment Portfolio. They outlined a plan to have a chook yard at our school. They put forward a very strong argument to Parliament, an argument that I personally voted against, but I was the minority.

Since then they have enlisted more 'people power' to assist with designing and building the chook pen.

And now I see we have our first egg! Congratulations to the Environment Committee, and all 'people power adults' who assisted them. I'm proud of what you have accomplished.

Kind Regards,

Alison Hawken.

