



# Lowanna Public School

Be safe, be respectful, be a learner

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Principal: Alison Hawken

**Week 11 Term 1 – Monday 4/4/2016**

## Dates to remember

**Tuesday 5<sup>th</sup> April:** Great Debate at Glenreagh. Good luck to our team: Natalia, Dallas, Chloe and Joshua.

**Wednesday 6<sup>th</sup> April:** ANZAC Day Service at Lowanna. 10.00am start. All welcome.

**Thurs 7<sup>th</sup> April:** Cross Country Upper Orara

**Friday 8<sup>th</sup> April:** Last day for Term 1

**Monday 25<sup>th</sup> April:** ANZAC Day March and Service at Ulong. Assemble outside Ulong School at 9.30am.

**Tuesday 26<sup>th</sup> April:** Staff Development Day. We will all be at Nana Glen School for Professional Learning on Differentiation in the Classroom.

**Wednesday 27<sup>th</sup> April:** Students return to school.

**Friday 29<sup>th</sup> April:** Orara Valley Cross Country at Coramba.

## Easter Activities







## Celebrating our Achievements



After a very busy, yet rewarding Term 1 it is time to reflect on student achievements this term:

- ✓ Parliament begun and in full swing.
- ✓ Receiving our Buddy Bench from Bunnings.
- ✓ Our swimming relay team were very successful representing Lowanna at both Zone and regional events.
- ✓ Kindergarten now well and truly settled into school routine.
- ✓ Successful 'Nude Food' focus.
- ✓ Basketball skills at Lowanna
- ✓ Circus awards well-earnt.
- ✓ First and Highly Commended awards for Glenreagh Steam festival.
- ✓ A number of students debating against Ulong leading up to the 'Great Debate' at Glenreagh.
- ✓ Immersing ourselves in culture at our school for Harmony Day.
- ✓ Enjoyable overnight excursion to Cascade.

## Cedar & Stream Art Awards



*Congratulations to Aymin Dib - 1<sup>st</sup> and Amaili Redshaw - Highly Commended, in the Cedar and Steam Art Festival. Well done!*

## Cascade Excursion

We all had a great time at Cascade, learning about bugs, history of Cascade and even an archaeological dig. Some photos will go up on our facebook page today.

Congratulations to everyone for being on their best behaviour. I was particularly impressed with the resilience of the younger children who managed very well on their first overnight excursion at Lowanna.

**"grit"/noun**

**courage and resolve, strength of character: he displayed the true grit of a navy pilot.**

**Part 3: Let him fall — and model resilience.**

Being able to pick yourself up from low moments is probably the most important skill a child can learn. A mother's oldest son was devastated when he didn't do well in a chess tournament.

Mum tried cheering him up, but eventually just gave him time to feel his negative emotions. “Later, she told him, ‘Chess is mostly a game of skill, but it’s also somewhat a game of chance.’”

“I reminded him that it’s possible to be smart and accomplished, and still lose.”

***Teach It:*** Share your own struggles. Kids learn from the adults around them, so if you want your children to handle setbacks with grace, model calm and determination in the face of yours. “Lots of parents don’t want to talk about their failures in front of their kids, but that’s denying kids the potentially powerful experience of seeing their parents bounce back.”

“If they see that adults can mess up and then come back and solve a problem, that’s an important example they can use.”

<http://www.scholastic.com/parents/resources/article/social-emotional-skills/power-defeat-how-to-raise-kid-grit>

*Children may be 18% of the population, but they are 100% of the future.*

Have a happy and safe holiday.

Kind Regards,  
Alison Hawken

## Assembly Awards







## Workbooks 2016

All unpaid 2016 workbook payments are overdue. If an envelope is attached, we have not yet received your \$30 Workbook payment. Please pay now.

Workbook costs for 2016 remain at \$30 per student. This is for all the books that your child writes or draws in during the school year.

## Easter P&C Raffle winners



1<sup>st</sup> Patrick, 2<sup>nd</sup> Mrs Hawken, 3<sup>rd</sup> Jasmine's Dad

## Lowanna P&C News

After the last few postponements our 2016

### Lowanna P&C AGM

will now be held on

**Monday 2<sup>nd</sup> of May from 9am**

at Lowanna PS

## No Canteen on Friday

No canteen this Friday, last day for the term.

## Saturday 23<sup>rd</sup> Masters BBQ Sausage Sizzle and Cake Stall

Lowanna P&C is asking for as many **volunteers** as possible to roster on for the Masters Sausage Sizzle and Cake Stall to be held on the last Saturday of the upcoming school holidays - 23<sup>rd</sup> May. If you are a magnificent barbeque wizard, tomato sauce pourer, bread butterer or money handler, please come along for a few hours to volunteer!

For this special P&C fundraiser we will be selling bacon and egg rolls plus sausage sandwiches, as well as any **donated cakes, biscuits and slices** lovingly cooked and donated by our school community supporters.

If you are able to - **volunteer some time and stall running skills, donate fresh eggs, or bake for the day**, your P&C would really appreciate your support!

Volunteers can chat with Tamara Knopp for more details.

