



Lowanna Public School

Be safe, be respectful, be a learner

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Week 2 Term 1 – Monday 30/1/2017

Dates to remember

Water Fun and Swimming

Carnival for K-6 at Nana Glen Pool with

Ulong and Upper Orara PS. **Wednesday 1st**

February * 8.45am bus leaves school : No

cost to students. Wear your swimwear/rash shirt to school, bring sunhat, sunscreen,



towel, water bottle, packed recess and lunch + plastic bag for wet gear!

School Community Gathering

Parent and Carers are invited to a gathering to have input into our school, starting at **9am on Friday the 3rd of February**. Come along to join in our discussions about how we will run our canteen this year, parent school helpers, fundraising possibilities and parental input into school decision making. Come along to help us decide what we all want for our great little school in 2017! All welcome.

OVLC Swimming Carnival

Friday 10th of February for all students **8 years and older (or turning 8 this year)**

Completed permission notes are due back at school by Monday 6th February.



We have had a great start to the 2017 school year. It was wonderful to see all the children enthusiastic and ready for learning.

Enrolments

Welcome to Kindergarten, Cameron and Tyrone!



Our school numbers are down at this point in time, due to nine Year 6 children moving on to High School and only two Kindergarten enrolments.

If you know of anyone who has primary school aged children in the area, or who may be moving into our area, please ask them to come to have a chat with us.

Permission notes

Attached to this Newsletter is a variety of permission notes. Please read and return completed notes by Monday, 6th February.

2017 Class structure

Lowanna is unique in the way we will be structuring our classes this year to cater for individualised learning, particularly with our children in Kindergarten to Year 3.

We will be introducing some new teaching strategies into all our classes K-6 plus some creative new class structures for 2017, to better meet the individualised learning needs of our kids.

Thanks to the continuation of Gonski Funding at the State level of government for 2017, we are again able to have our 3 classes running at Lowanna.

Mrs Cassidy will be teaching all boys from Kindergarten to Year 3, and Mrs Benfield will be teaching all girls from Kindergarten to Year 3.

This organisation is also flexible, in that all children in Kinder to Year 3 will be taught Numeracy by both Mrs Benfield and Mrs Cassidy from after recess to lunch.

I will be teaching the children in Years 4 to 6 on Mondays to Wednesdays, while Mrs Corfe will also be teaching these children in Years 4 to 6 on Thursday and Friday.



Planting our Giant Pumpkins at the end of last year. Pics next week to show how they have grown. Huge thanks to John/Hilly for caring for them over the holidays!



Library is Tuesday

Mrs Quirk will be teaching library and RFF to all classes. At this stage, this will happen on a Tuesday.



 **YOUR
LIBRARY**

L3 Trainer

This year Mrs Benfield has returned to teaching five days a week, but after a short while we will only see her at Lowanna for four days a week. Mrs Benfield was invited to train teaching staff from other schools in the Coffs area for one day a week in L3. This is the Literacy program that both Mrs Benfield and Mrs Cassidy participated in during 2016. This is a great opportunity for Mrs Benfield to develop her leadership and teaching skills across more than just Lowanna School. We know that she will be great in this role. At this point in time, we don't know what day of the week this will be, as the L3 Coordinator is currently developing the overall timetable.

On the day that Mrs Benfield is not at Lowanna, Mrs Cassidy will teach both the girls and boys in Kinder to Year 3.

Hearing Support Teacher

We will also see Mrs Beedie return to Lowanna to continue supporting Bethany in her last year of primary school on Tuesdays.

Student Support Staff

We welcome two new teaching support staff to Lowanna this year. Linda Phillips will be supporting Bethany and her teachers with her classroom learning, while Tracey Dodds will be supporting Mrs Cassidy with the K-3 boys learning.

Early Action for Success Teacher

We will also welcome Mrs Peta Robinson to Lowanna for approximately 4 hours per week. Mrs Robinson is employed as an Early Action for Success teacher.

Early Action for Success is the department's strategy for implementing the NSW government's State Literacy and Numeracy Plan. It aims to improve students' literacy and numeracy skills through a targeted approach in the early years of schooling.

Mrs Robinson's role will be to deliver teaching in Literacy and Numeracy to Kinder to Year 2 students, as well as provide training for Mrs Cassidy and Mrs Benfield to strengthen their teaching strategies.

Mrs Robinson's role will continue for 3 years, and she will be a definite asset to our plans for strengthening the learning needs of all our children.



Facebook

Our school Facebook Page will continue to be used as well as notes and newsletters for sharing information with you. We will be adding photos, information, reminders and any breaking news to our feed.

Please make sure you check regularly. Social media can be a great communication tool.

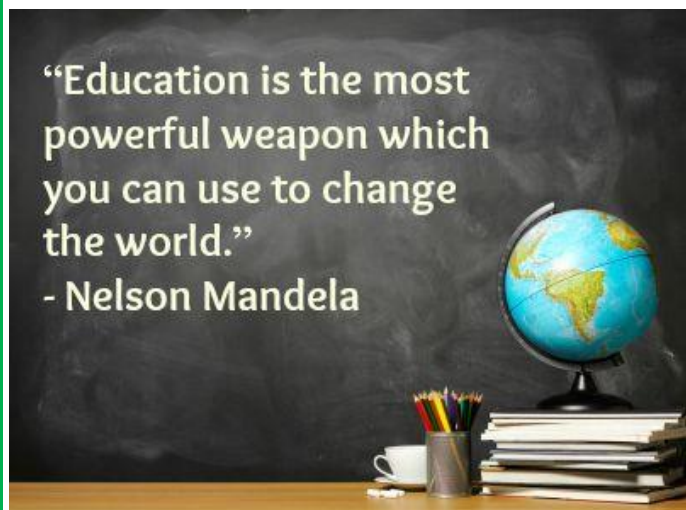


Start the new school year with Strategies for Academic Success

How you start the school year can determine how well the rest of the year will go. Here is how to make sure your child gets off to a great start this year:

- Review school safety. Talk to your child about the importance of following school rules. The Code of Conduct at Lowanna School is *Be Safe, Be Respectful, and Be a Learner*. Ask your child to give an example of each Code of Conduct.

- Set goals. Students who do best in school have both short-and long- term goals. Whether it's earning an A in maths or preparing to become a veterinarian, your child needs goals to keep them on the right track.
- Settle into a routine. Kids thrive on predictability. Have a regular time for homework. Set and stick to a regular bedtime. Plan a morning routine that gets everyone out the door on time.
- Don't over schedule your child. Give them time to unwind after school, especially during the first few weeks.
- Be genuinely interested in your child's schoolwork. Ask them about school every day.



Kind Regards,
Alison Hawken



Nutrition Snippet

The simplest way

...to encourage healthy eating.

If you've got a fussy eater in the family, a behaviour reward chart can be a great way to get them eating and enjoying new foods and more fruit and veg.

Praise from parents or the offer of small rewards is a good motivator for many children.

A behaviour reward chart can work wonders too. Remember to decide on rewards and goals in advance and keep them realistic and motivating.

Want more great tips and strategies to overcome fussy eating? Register for a Fruit & Veg Sense workshop online: eatittobeatit.com.au



Find this chart and others online too.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick.

Freeze items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments to pack on hot days.



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

