



Term 2 Newsletter Week 2, 2024

Upcoming Dates Term 2

Weeks 3-8:

- Collaborative Schools Literacy Project - Lowanna Blue

Week 5:

- 29/05/24 - Small Schools Athletics Carnival
- 29/05/24 - Dental Van
- 30/05/24 - Dental Van

Week 7:

- 14/06/24 - Didjeribone Workshop at Glenreagh PS

Week 9:

- 25/06/24 - Orara Valley Athletics Carnival
- 27/06/24 - School Photos

Week 10:

- 05/07/24 - Last day of Term 2

Principal Message

We have had a wet week at school this week. This term we are focusing on how we can be a respectful friend. Students are learning how to show respect to others and be kind.

As part of the Anxiety Project, we are now a **'Have A Go'** school.

This means that we *have a go* at things, even if we think they are difficult, or we might think we can't do it.

This will help us to build independence and develop our resilience.



The research on student anxiety shows us that:



70% of child anxiety is learned and that 30% of child anxiety is due to temperament and genetic factors¹. The good news is that early intervention means that most childhood anxiety can be unlearned.



Much of the potential for improvements in child well-being can be achieved through 'challenging' students to engage with problems not by avoiding them.²



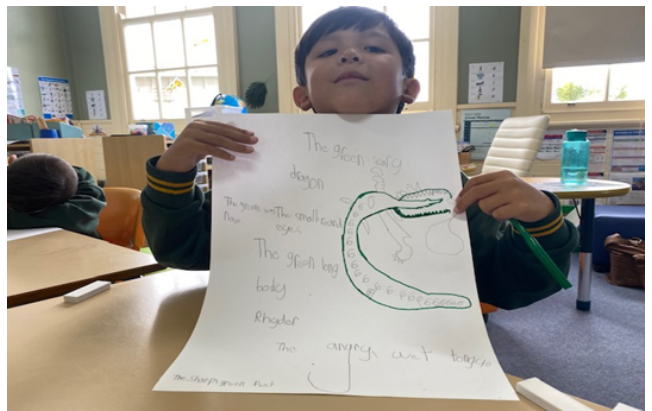
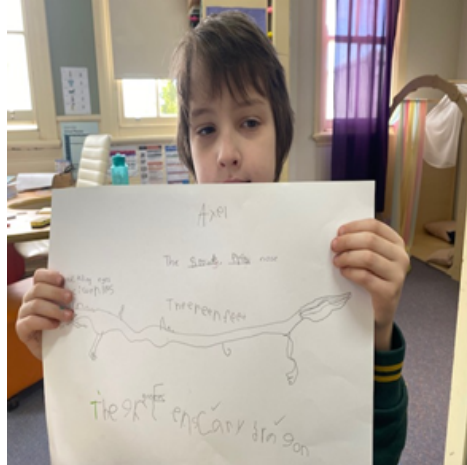
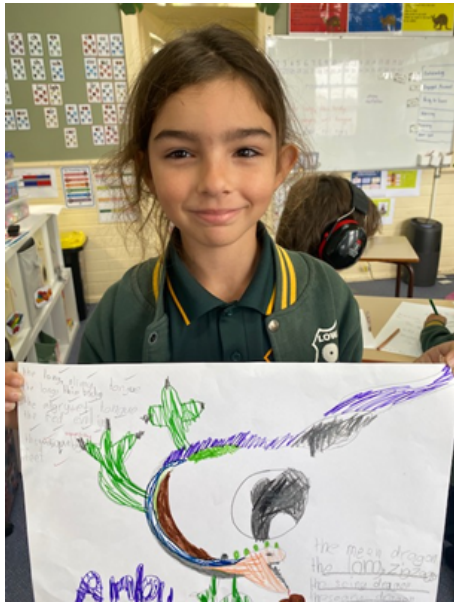
The significant adults in a child's life - including their teachers - can take make an important difference to a student's ability to manage their anxiety through 'seemingly modest' interventions.³

Harmonie Ricketts

Principal

Lowanna Red News

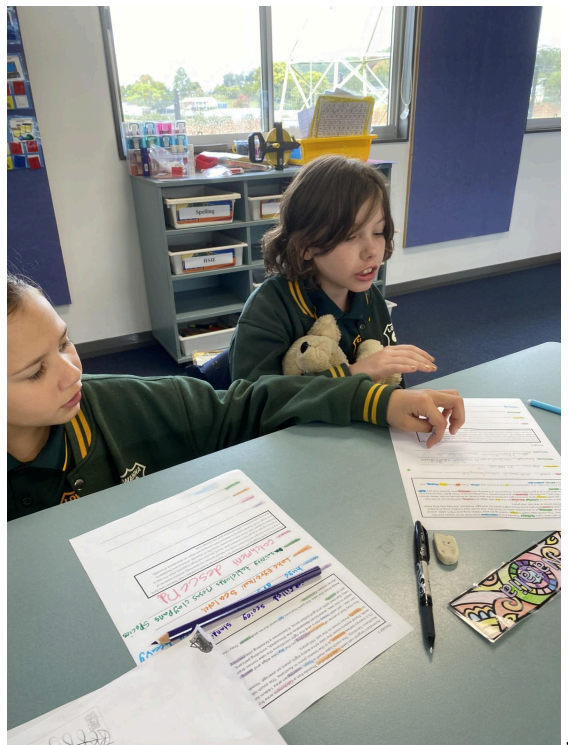
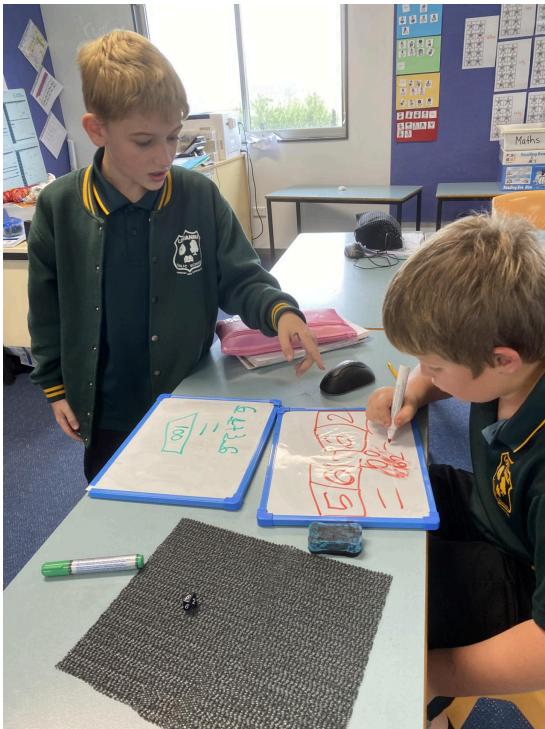
Lowanna Red has been learning about adjectives and using noun groups in our writing. We read, 'Nian the Chinese New Year Dragon' and wrote noun groups.



Esther Hartley

Lowanna Blue News

This week in Lowanna Blue we have had a student from Orara High School, Sophie, doing her Year 10 work experience with us. She has been working with our students on literacy and numeracy activities. The students have been working cooperatively together and offering help and assistance to complete their tasks.



From the office

Just a reminder that Lowanna PS has uniform expectations at our school. We sell all uniform items such as shirts, jackets and hats at the office with a selection of second hand uniforms.

Shorts, skorts and tracksuit pants are to be black in colour. These items can be purchased from Kmart, Big W or Best and Less.

We do appreciate donations of second hand uniforms for our school as they always come in handy.

As the weather is becoming cooler, please ensure students come to school with a school jacket and tracksuit pants packed in their school bag.

Forms were sent home today for the Dental Van. These forms are to be completed and returned to the office by Wednesday 15th May.

Lauren Latter



